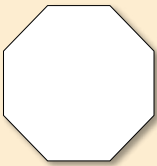


### Themes

Snow Friends  
Scribbles and Splats

### Shapes and Colors



### Numbers

11, 12

### Letters

Mn, Nn, Oo

### Alphabet Words

map, milk,  
moon, mountain,  
nest, noodles,  
notepad, nuts,  
olives, omelet,  
orange, ox

### Sign Language



### Theme Descriptions

**Snow Friends:** Some areas of the world stay cold and wintry year-round. Children will gather information about snow animals and participate in plenty of freezing fun!



**Scribbles and Splats:** Children can express creativity and develop fine motor skills as they practice familiar ways to create art and explore new art processes. The focus will be on exploration and discovery.

### Activities for Home

- Make fingerprint penguins with your child using black and white finger paints and blue construction paper. Use the thumb to make a white body and a fingertip to make black wings and a head. With a toothpick, make two white dots for eyes. Stretch out cotton balls and glue them to the blue paper to make an iceberg.
- Review numbers you see on signs and in books. Practice counting steps, toys, or items from the grocery store. Children can also count napkins, plates, and silverware when they help set the table.
- If you live in a snowy area, play outside in the snow. Ride a sled down a hill, build a snowman, or make a snow fort. How does the snow feel? If your area is not snowy, talk about what snow might be like. Enjoy a snow cone or an ice cream treat together instead!
- Provide a variety of art supplies (crayons, colored paper, glue, scissors, and paint) for your child to use freely. Point out illustrations and sculptures wherever you see them. If possible, visit an art museum or show. Talk about how artists use shapes, textures, and colors.

## Look for Books

The best way to learn which books your child enjoys is to read children's books—lots of them! Check out [funshineextras.com](http://funshineextras.com) for Book Lists corresponding to each month's themes. Get to know your local librarians and ask for their recommendations as well.

**Snowmen Series**  
by Caralyn Buehner

**Stella, Queen of the Snow**  
by Marie-Louise Gay

**Who Lives Here? Polar Animals**  
by Deborah Hodge

**Pete the Cat: I Love My White Shoes**  
by Eric Litwin

**Frida Kahlo and Her Animalitos**  
by Monica Brown

**The Book of Mistakes**  
by Corinna Luyken

**I am Martin Luther King, Jr.**  
by Brad Meltzer

**The Dot**  
by Peter H. Reynolds

## Sing Along with Me

Find these songs at [www.funshineexpress.com](http://www.funshineexpress.com)

### I'm a Little Penguin

Sung to "I'm a Little Teapot"

I'm a little penguin, short and stout.  
I cannot fly so I waddle about.  
When I want to eat, I have to swim.  
So I waddle to the water and dive right in!



### Look for Colors

Sung to "Are You Sleeping?"

Look for (yellow), look for (yellow),  
On your clothes, on your clothes.  
If you're wearing (yellow),  
(Wiggle like Jell-O).  
I found (yellow), I found (yellow)!



Continue with the additional colors below:

red...Put your finger on your head  
purple...Spin in a circle  
green...Find a place to lean  
white...Close your eyes good night  
brown...Make your face frown  
pink...Give your friend a wink  
glue...Hold up number two  
orange...Bite a juicy orange  
black...Clap behind your back



## Cooking Together

When cooking with young children, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

### Hot Cocoa Mix

- 1 lb. can unsweetened powdered cocoa
- 8 quart box nonfat dry milk
- 8 oz. container powder nondairy creamer
- 1 cup powdered sugar
- 1 package mini marshmallows

Mix the ingredients.  
Store in an airtight container in a cool location.  
Serve by adding four heaping teaspoons per cup of hot water.  
Top with mini marshmallows!



## Reminders . . .

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## Connect with Us!

